



Striver is an app and website that houses a full PE scheme of work for years 1 to 6, supported by dedicated Wellbeing units. It's the only platform that gives you access to PE and Wellbeing in one place. We use clever technology to cut down on the time required for PPA, without cutting corners!

Our sole purpose for creating Striver is to improve primary aged pupils' long-term physical and mental wellbeing. We aim to achieve this by ensuring children of all abilities feel motivated and engaged, and teachers of all experience levels feel confident and in control.

With Striver, PE Coordinators can easily ensure comprehensive curriculum coverage across the school and an in-built assessment and reporting system mean you'll always be Ofsted ready.

## Key features

- **Detailed lessons** with easy-to-follow steps, supporting diagrams and videos.
- An integrated assessment system which provides quick entry of pupil data and easy to view data reporting functionality.
- View Striver online or take advantage of our offline app to access lesson content and input data outside of Wi-Fi zones.
- Striver's calendar function allows PE Coordinators to easily organise PE across the whole school.
- Dedicated Wellbeing units that aim to boost self-esteem and build resilience covering nutrition, sleep, personal care, mindfulness, yoga and teamwork & leadership.
- In-built Personal Best (PB) tracker enables children of all abilities to experience a meaningful sense of progression.

Striver always gets my class buzzing to start PE! The kids learn skills and it focuses on who's best improved, rather than who's best - it's really brought PE to life!

Amy Snelling, Class Teacher

**Cottesmore St Mary's** 

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